



# Vets2PM PMP®/CAPM® Boot Camp

## Study Plan

Congratulations on completing the Vets2PM PMP®/CAPM® *Boot Camp* course! You have now established a firm foundation of knowledge, but much more preparation is needed for ultimate success on the PMP®/CAPM® Exam.

You will need to exercise focus, discipline, and a structured plan to best prepare for your exam. To facilitate progress and preparedness, immersion in the material for about **2-3 hours per day, 5-6 days per week, for 6-8 weeks** after completing the boot-camp, is recommended.

These *7 benchmarks* are *vital to passing* the PMP®/CAPM® exam on first attempt:

1. Read the *PMBOK® Guide* cover-to-cover (1) time;
2. Read the *PMBOK® Guide* Glossary a minimum of (3) times;
3. Know Table 1-4 (p. 25 of the *PMBOK® Guide* (6th Ed.)) accurately;
4. Know the EVM formulas found on Table 7-1 (p. 267 of the *PMBOK® Guide* (6th Ed.));
5. Review a minimum of 3,000 exam questions;
6. Achieve a minimum score of 75% on *PM PrepCast* (OSP International LLC) practice exams
7. Take a minimum of (2) 4-hour, 200-question practice exams to determine fatigue/bathroom/snack-break points, and determine a baseline of knowledge; focus on time hacks and mental thresholds, as they are *key*.

**We have continuously found that students not achieving these 7 pre-exam benchmarks do not pass their PMP®/CAPM® exam on first attempt.**

In certain environmental conditions, at-home online testing may be offered by PMI. In these cases, some special considerations have been found useful in planning to take the PMP®/CAPM® exam in a digital environment:

- Consider that the exam window automatically expands to fill the computer monitor; no other windows may be opened during the exam

- Take the time to conduct the exam tutorial, as shortcuts and tips are provided which may save time overall
- Immediately upon beginning the exam, view the *review* window to assess the number of questions provided prior to the mid-point (10-minute) break; the 200 questions may *not* be split evenly between the two exam halves
- While *knowing* the “brain dump” is a helpful tool for instilling information in your mind, it will likely not be feasibly drawn on the provided exam whiteboard; consider memorizing the brain dump in lieu of drawing it
- As with onsite testing centers, speaking aloud (or covering your mouth) will not be permitted in the digital exam-taking environment, as proctored live by specialists; consider practicing exam questions silently, mouth uncovered
- Be familiar with the process to adjust computer monitor brightness, as the exam window is mostly white, and may prove straining to view for 4 hours

This 30-day study plan is the daily study regimen you’ll need to follow to help you achieve maximum results and pass the PMP®/CAPM® exam. It is suggested that you spread this study load over the course of your day. Immersion is *vital* for effective preparation. You can achieve this in several ways: flashcards, smartphone applications, student study guides, additional and free attendance to onsite/online/on-demand courses (1-year access), PMI meetings, and more!

This study plan is only a starting point, and you should modify it to best fit your personal schedule, focus areas, and the scheduled date of your PMP®/ CAPM® exam (recommended to be scheduled within 90 days of the Vest2PM PMP®/ CAPM® Boot Camp course completion date).

### ***PT for the PMP!***

#### Day 1

- Take full-length, 200-question practice exam from OSP International LLC *PM PrepCast*

#### Day 2-3

- Write brain dump 2 times
- Complete 50 exam-prep questions from OSP International LLC *PM PrepCast*
- Read chapters 1, 2, 3, & 4 of the *PMBOK® Guide*
- Read *PMBOK® Guide* Glossary pp. 696-701
- Review Study Guide & On-Demand video covering *PMBOK® Guide* chapters 1-4

#### Day 4

- Write brain dump 2 times
- Take full-length, 200-question practice exam from OSP International LLC *PM PrepCast*

#### Day 5-8

- Write brain dump 2 times
- Complete 50 exam-prep questions from OSP International LLC *PM PrepCast*
- Read chapters 13, 5, & 6 of the *PMBOK® Guide*
- Read Glossary pp. 702-707
- Review Study Guide & On-Demand video covering *PMBOK® Guide* chapters 13, 5, & 6

#### Day 9

- Write brain dump 2 times
- Take full-length, 200-question practice exam from OSP International LLC *PM PrepCast*

#### Day 10

- Write brain dump 2 times
- Review Vets2PM Final Exercise, and Final Pen Videos

#### Day 11-14

- Write brain dump 2 times
- Complete 50 exam-prep questions from OSP International LLC *PM PrepCast*
- Read chapters 7 & 8 of the *PMBOK® Guide*
- Large focus on EVM formulas and understanding
- Read *PMBOK® Guide* Glossary pp. 708-713
- Review Study Guide & On-Demand video covering *PMBOK® Guide* chapters 7 & 8

#### Day 15

- Write brain dump 2 times
- Take full-length, 200-question practice exam from OSP International LLC *PM PrepCast*

#### Day 16-18

- Write brain dump 2 times
- Complete 50 exam-prep questions from OSP International LLC *PM PrepCast*
- Read chapters 9, 10, & 11 of the *PMBOK® Guide*
- Read *PMBOK® Guide* Glossary pp. 714-719
- Review Study Guide & On-Demand video covering *PMBOK® Guide* chapters 9-11

#### Day 19

- Write brain dump 2 times
- Take full-length, 200-question practice exam from OSP International LLC *PM PrepCast*

#### Day 20

- Write brain dump 2 times
- Review Vets2PM Final Exercise, and Final Pen Videos

#### Day 21-24

- Write brain dump 2 times

- Complete 50 exam-prep questions from OSP International LLC *PM PrepCast*
- Read Chapters 12, Annex 1, & Annex 3 *PMBOK® Guide*
- Read *PMBOK® Guide* Glossary pp. 720-726

#### Day 25

- Write brain dump 2 times
- Review results of previous full-length 200-question exam to identify vulnerabilities that will guide your next several days of study

#### Day 26-28

- Write brain dump 2 times
- Complete 50 exam-prep questions from OSP International LLC *PM PrepCast*
- For any identified weak areas, go back and study relevant areas in the *PMBOK® Guide*, Student Guide, Student Resources or On-Demand. **Flash cards may assist in memorization and understanding!**

#### Day 29

- Write brain dump 2 times
- Take full-length, 200-question practice exam from OSP International LLC *PM PrepCast*

#### Day 30

- Write brain dump 2 times
- Complete 50 exam-prep questions from OSP International LLC *PM PrepCast*
- Review Vets2PM Final Exercise Project Video
- Relax, mentally prepare for the exam tomorrow, get a solid night of rest
- Notify us that you are testing tomorrow
- Please notify us of your exam results and provide us your AAR after your exam!

#### PMP®/ CAPM® Exam Day

- Arrive at the testing center at least 45 minutes early
- Write brain dump 2 times
- Skim through glossary if you have time
- During the exam, answer 50 questions, then take a short break and repeat until you reach the end. On the second pass, answer all blank questions, flagging them for review if necessary. Remember there is no penalty for guessing, so ensure you answer each question. On the third pass, convert as many flagged questions into known questions as possible. On average, students have taken anywhere from 2:45 – 3:45 to complete the exam, but it's up to you to keep the pace.

Train as you Fight, and Fight to Win. Wheels Up!

/s/ The Vets2PM Team!